Tab 45

Read the entire label and follow directions carefully prior to using. Please note: This product contains ephedrine, caffeine and salicin (a precursor to aspirin), and should not be taken by those individuals wishing to eliminate these ingredients from their diet.

Recommended Use: Take one to two capsules before breakfast and one to two more capsules at mid-afternoon. Begin use with one capsule twice per day for the first seven days to assess your tolerance. **DO NOT EXCEED 4 CAPSULES PER DAY.** *For best results, use as part of a reduced fat diet and exercise program.

Warning: Not intended for use by anyone under the age of 18. Do not use if you are pregnant or nursing. **Consult a physician or licensed health professional before using this product** if you are at risk of, have a family history of, or are being treated for heart disease, high blood pressure, recurrent headaches, liver, thyroid or psychiatric disease, diabetes, pernicious anemia, glaucoma, nervousness, anxiety, depression, seizure disorder, cardiac arrythmia, stroke, pheochromacytoma, difficulty in urination or prostate enlargement. Do not use if you are taking a monoamine oxidase inhibitor (MAOI) (or for two weeks after taking an MAOI) or any other product containing ephedrine, pseudoephedrine, or phenylpropanolamine (ingredients found in certain allergy, asthma, cough/cold and weight control products). Exceeding recommended serving will not improve results and may cause serious adverse health effects including heart attack and stroke. Discontinue use and call a healthcare professional immediately if you experience rapid heartbeat, dizziness, severe headache, shortness of breath or similar symptoms. Individuals who consume additional caffeine with this product may experience serious adverse health effects. Each serving contains 20 mg of ephedrine.

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CYTODYNE TECHNOLOGIES®

Maximum Strength

Lose Weight Fast

Xenadrine® RFA-1

CLINICALLY PROVEN

Rapid Fat Loss Catalyst™

Advanced Thermogenic/Anti-Catabolic Complex†

DIETARY SUPPLEMENT

120 CAPSULES

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 60

Amount Per Serving		% Daily Value
Pantothenic Acid (calcium pantothenate)	40 mg	400%
Bitter Orange (fruit & root)(standardized to 5mg. synephrine)	85 mg	*
Ma Huang (plant)(standardized to 20mg. ephedrine)	335 mg	*
Guarana Extract (seed)(standardized to 200mg. caffeine)	910 mg	*
Proprietary ThermoSynergist™ Blend	390 mg	*

White Willow Bark Extract (standardized to 15 mg salicin), L-Tyrosine, Ginger Root, 3,3',4',7-Tetrahydroxyflavone, Magnesium Phosphate, DMAE (2-dimethylaminoethanol), Acetyl L-Carnitine, Green Tea Extract, Acetyl L-Tyrosine, Quercetin

*Daily Value not established.

Other ingredients: Calcium Phosphate, Talc, Gelatin, Magnesium Stearate.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

The maximum recommended dosage of ephedrine for a healthy adult is no more than 100 mg. in a 24 hour period for not more than 12 weeks. Improper use of ephedrine may be hazardous to a person's health. Keep out of the reach of children. Not for use by or sale to individuals under the age of 18

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